Critical Dietetics: Origins and evolution
Presentation outline:

1. Principles
2. Origins
3. Activities:
   a. Connections
   b. Publications
   c. Practice/Research
   d. Education
4. Future (short term)
5. An invitation!
Presentation outline:

What we are not going to do:

1. Dump
2. Preach
3. Bamboozle
4. Pretend
Principles for Critical Dietetics

CD aims to:
• be international
• be disruptive, trans-disciplinary, and inquisitive
• question assumptions and that which is taken for granted
• be transparent about values
• put people as individuals, families, and populations and their associations with food (including nutrients, food, meals) and health at the centre.

Purpose: To bring together leading Canadian dietetics theorists, researchers, and practitioners, and international advisors to engage in critical dialogue that will enhance the social, cultural, and political relevance and resonance of dietetics

Dr. Jacqui Gingras
Ryerson University, Toronto

This research was supported by the Social Sciences and Humanities Research Council of Canada.
Declaration for Critical Dietetics

• http://www.practiceblog.dietitians.ca/2009/12/beyond-nutritionism-invitation-to.html
Conference objectives are to:

- engage scholars in critical reflection and debate regarding the multiple intersections of food with the sociology of the dietetics profession
- extend the theoretical and practical foundations of critical dietetics scholarship
- enhance the capacity of scholars working in the field of critical dietetics by offering a communication, academic, and social network
- produce at least two issues of the Journal of Critical Dietetics (open-access, peer-reviewed journal) from the papers presented at the conference
Critical Dietetics in Practice

Hard (science) shell with the soft (human) centre
Activities: Connections/sharing

7 Conferences:
2011: Toronto, Canada
2012: Sydney, Australia
2013: Wolfville, Canada
2014: Chicago, USA
2015: Manchester, UK
2016: Grenada, Spain
2017: Virtual (worldwide)

Journal of Critical Dietetics (6 issues; 2010-16)
Activities: *Practice/Research*

- community-oriented partnerships of practitioners/university faculty and/or research practitioners

Examples:
- evolution of institutional feeding practices related to war
- evolution of home economics → dietetics
- socialization of dietitians
- need for post-surgical diets related to humour-based medicine theory
- food security & living wages/supports
- global food systems & sustainability
- size discrimination & trauma survivorship
Activities: *Education*

- classroom organization and processes
- course content
  - Examples:
    - Declaration for Critical Dietetics
    - Social Determinants of Health
    - social justice
    - critical social theory
- teaching resources (e.g., web-based rather than/as well as textbooks)
- collaboration/partnership with communities
- nature of assignments
- approaches to evaluation (beyond testing)
- advocacy for evolution of accreditation standards
Activities: Publication

John Coveney and Martin Caraher (Eds.)
Contents

Foreword by John Coveney and Martin Caraher

Chapter 1: Foundations of critical aspects of food and nutrition studies
Jacqui Gingras

Chapter 2: Critical perspectives in clinical practice of nutrition and dietetics
Debbie MacLellan

Chapter 3: Community nutrition and dietetics practices and food democracy
Sue Booth

Chapter 4: Policy and practice: what does this gap look like using a critical nutrition and dietetics lens?
Yuka Asada

Chapter 5: Training and educating a critical nutrition and dietetic workforce: new perspectives
Daphne Lordly

Chapter 6: Why is a critically reflexive practice critical to nutrition and dietetics?
Angela Cuddy

Chapter 7: Swimming against the tide: 12 ways of bringing critical nutrition and dietetics into conventional practices
Cathy Morley

Chapter 8: Critical nutrition and dietetics in industry, private practice and consultancy: the importance of ethics
John Coveney

Chapter 9: World economic crisis: food, hunger and health disparities
Jill White

Chapter 10: Dietitian as Advocate and Activist: Our Past, Present, and Future Possibilities
Jennifer Bradley

Chapter 11: Toward critical nutrition counselling practice and pedagogy
Ian Wiseman

Summary: Summing it all up critically
John Coveney and Martin Caraher
Happening now...

Envisioning the future/maturing

*Formalizing rather than ad hoc?*

International planning group

(conference; Journal; outreach; registration/incorporation?; [inter]national research collaborations, etc.)
An invitation!

Välkommen!

All are welcome.
Very open.
Value all voices.
Tack så mycket! Thank you!

cmorley@acadiau.ca

john.coveney@flinders.edu.au